#### Vol. 3, Issue 1, QUARTER 3 2024-2025

## YOUTH UNITED

INVOLVEMENT AND ADVOCACY!

# BRINGING YOU THE LATEST NEWS ON YOUTH

### The Road to Lansing

DWIHN

ACMH is joining Youth United and Youth MOVE Michigan for the Statewide Youth Summit on Aug. 9th! Transportation to and from Lansing provided! Contact for more info!



### **Start a Youth MOVE Chapter!**

Youth MOVE Michigan is expanding! Are you a part of a youth group or community organization looking to make an impact? Join Youth MOVE Michigan and learn how to become a chapter under Youth MOVE National, whose mission is to elevate the voices of youth with lived experience. Contact Bianca Miles at:

bmiles@dwihn.org

### **Join Us For Our Events!!**

Summer Resource Night Friday, June 21, 2024 6pm @The Children's Center 79 W. Alexanderine Detroit, MI 48201

**Courageous Conversations:** The Life After College Panel Tuesday, June 25, 2024 2-4pm @Pistons Performance Center 690 Amsterdam St. Detroit, MI 48202

Stigma Busting Bash Friday, July 12, 2024 12-4pm **@Henry Ford Art Block** 1411 Holden St, Detroit, MI 48208

**Transitional Age Youth Forum** Friday, July 19, 2024 10am - 2pm **@Considine Center** 8904 Woodward St, Detroit, MI 48202

Statewide Youth Summit : It's Giving Real Life! pt 2 Friday, August 9, 2024 10am - 3pm **@Lansing Center** 333 E Michigan Ave, Lansing, MI 48933

**Youth Spotlight Awards: Black and White Ball** Friday, September 27, 2024 6-9pm 26355 W Chicago, Redford, MI 48239



Healing with Horses, a new DWIHN Provider!

### **EVENT RECAP: CMHAD**

On Saturday May 11th, we hosted our annual Children's Mental Health Awareness Day event. We had a day full of fun, learning and resources! Included was dancing with City Hop Silent Disco, face painting, guided painting, yoga and more. We hope to see you next year during Mental Health Awareness Month!



Youth Advocates & Randi Rossario

### FOLLOW US



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## TRENDING OK 2 SAY

Stop the Silence. Help End the Violence.

**OK2SAY** is a safety program that allows students to confidentially report tips on potential harm or criminal activities directed at students, school employees, and schools. In the majority of violent incidents that occur in our schools. someone other than the perpetrator of violence knows of a threat before it's carried out but fails to report it.

Text: <u>652729 (OK2SAY)</u>

### We're on TikIok 🎞

### CONTACT US

Email: wcyouthunited@dwihn.org Phone: (313)989-9327 Website: dwihn.org/youthunited

### Join Youth MOVE Detroit's Peer to Peer Program:

- A Fun Space For ages 14-25 to Learn Life Skills and More.
- During Every Third
  Wednesday of the Men
- Wednesday of the Month • 5:30 - 6:30pm
- @79 W Alexandrine St Detroit, MI 48201

#### For more Information Contact: 313-348-1169

You matter!

### IYKYK: TIPS

Everyone needs self-care, here are some ways that we practice!

- 1. Art Therapy/Activities
- 2. Reading a Book
- 3. Doing Skincare
- 4. Putting the phone down and hanging out with family

### Youth Spotlight Feature



Jarell Farley 10th Grader Student Advocate

Jarell is a 10th grader at Romulus High School. He leads Wisdom Minds, an empowering mental health support group at his school. He says witnessing the positive transformation in his peers fills him with purpose. He is dedicated to amplifying the voices of those who feel unheard. He and his group are on a mission to dismantle the stigma surrounding mental health and support their peers while doing so.



